I claim:

- 1. A time and location monitor comprising
 - a power supply,
 - a smart GPS receiver for producing geographic location data, and
- a data transmitter connected to the data transmitter, for reporting said location data to a base station.
- 2. The invention of claim 1, wherein the data transmitter includes a cell phone.
- The invention of claim 1, further comprising a fingerprint identification module, connected
 to the data transmitter, for authenticating the employee's presence at the monitor.
- A method of recording an employee's movements, said method comprising steps of causing the employee to wear a location monitor comprising a position sensor and a remotely actuable data transmitter,

remotely activating the data transmitter at regular or irregular time intervals in such a way as to cause the transmitter to broadcast data indicative of location, and receiving and recording said data at a base station.

- 5. The method of claim 4, further comprising steps of
 - providing the location monitor with a fingerprint reader,

requiring the employee, during at least some of said intervals, to authenticate his presence by placing a digit against the fingerprint reader, and

issuing an alarm if said presence is not authenticated.